

Noodle Archery

SKILL FOCUS

Javelin Throw

GROUP SIZE

2+

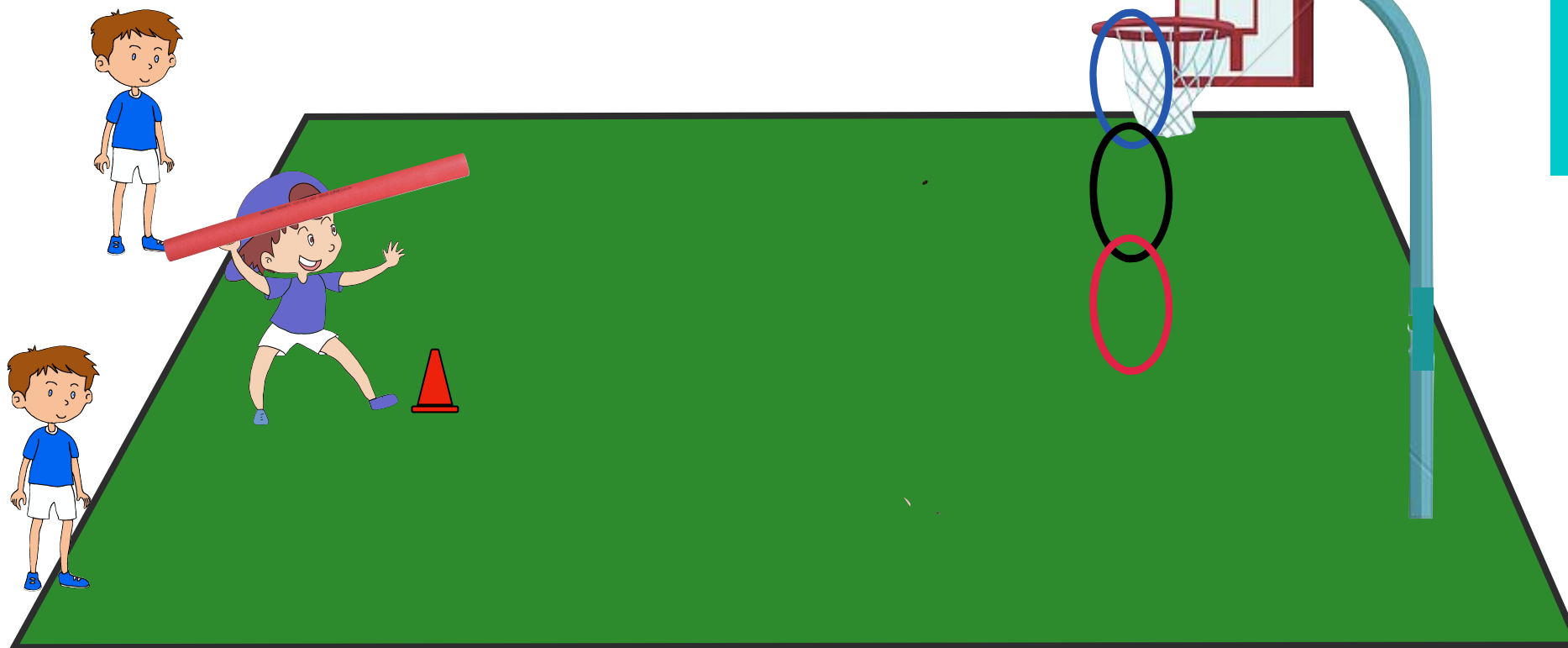
COMPLEXITY



EQUIPMENT

Hoops
Pool Noodles
Cones

- Setup playing areas as shown. Remind students of your social distancing protocols
- Teacher sets up 3 hula hoops attached via rope and hangs from a basketball hoops
- Students receive a pool noodle and attempt to throw the pool noodle like a 'javelin' through one of the hoops
- Students create their own scoring criteria for each hoop
- Students rotate after each throw



MODIFY IT

- ★ Increase or decrease distance of throw
- ★ Change the throwing object e.g larger ball, smaller ball, frisbee etc
- ★ Increase or decrease amount of hoops

SAFETY

- ★ Students maintain 6 feet of distance at all times
- ★ Each student should have their own pool noodle
- ★ Sanitize noodles before and after use