

SEL WORD WALL

130 Social Emotional Vocabulary Cards



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INTRODUCTION

As educators, we understand that fostering social-emotional learning (SEL) is just as crucial as academic learning in shaping the minds of our students. With the goal of promoting a holistic education approach, we present the SEL Word Wall - a dynamic and interactive tool designed to aid in the integration of SEL into your everyday teaching.

Why do you need this resource? Because developing social-emotional skills helps students understand and manage their emotions, establish positive relationships, make responsible decisions, and handle challenging situations effectively. These skills are not only essential for the well-being of our students but also significantly contribute to a positive and productive learning environment.

The SEL Word Wall Resource includes 26 letter cards, each associated with an illustration that connects to an SEL concept. Accompanying each letter card are five word cards (130 in total) which include an SEL-related word along with a kid-friendly definition. For instance, the letter 'A' might be associated with an illustration of an 'Apology', and the five accompanying word cards could include words like 'Acceptance', 'Appreciation', etc., each with a simple definition and possibly an example.

Using this resource is straightforward. After printing out the cards, teachers can post them on a bulletin board in the classroom, creating a visually engaging and easy-to-refer-to resource. These cards are not just decorative but a valuable learning aid. They serve as conversation starters, vocabulary builders, and continuous reminders of the language of social-emotional learning. Over time, this helps to create a classroom culture where SEL concepts become a natural part of daily discussions and interactions.

Teachers can regularly reference the Word Wall during lessons or while resolving conflicts. You might ask students to use a word from the wall to describe how a character in a story is feeling, or how they themselves felt during a specific event. Additionally, this resource could be used to organize and guide classroom games that reinforce SEL vocabulary and concepts.

This resource is versatile and adaptable. It not only supports direct teaching of SEL skills but also encourages students to independently explore and internalize these concepts. The SEL Word Wall Resource is an investment in our students' emotional literacy, fostering a more empathetic, understanding, and emotionally healthy generation.

Remember, learning is a journey that involves not just the mind, but also the heart. By implementing the SEL Word Wall Resource, we believe that you are setting the stage for a more inclusive, empathetic, and emotionally-aware classroom.

SEL WORD WALL ACTIVITIES

Here are some additional ways you can use the SEL Word Wall materials with your students:



Emotion Charades

Each student picks a card from the SEL Word Wall. They must act out the emotion or concept on the card without using words while others guess what it is. This can be played in small groups or as a whole class activity. This game promotes understanding and expressing emotions.



SEL Pictionary

Similar to traditional Pictionary but using the SEL words. Divide the class into two teams. One person from a team draws a picture representing one of the words on the SEL Word Wall while their team tries to guess the word. The team that guesses the most words correctly within a set timeframe wins. This game reinforces understanding of SEL words through visualization.



SEL Word Relay

Divide the class into two or more teams. Put a stack of SEL word cards at the other end of the room. One by one, students from each team run to the stack, pick up a card, run back to their team, and explain the word without saying it. The team that guesses correctly the fastest gets a point. The team with the most points after all the cards are used, wins. This game helps students learn to explain and understand SEL words in a fun and active way.



SEL Story Circle

The class sits in a circle. The teacher begins a story by drawing an SEL word card and incorporating that word into the story. The next student continues the story, drawing another word card and including that word in their part of the story. The game continues until everyone has had a turn. This activity promotes creativity, listening skills, and understanding of SEL words.



SEL Memory Match

Print 2 copies of each of the SEL Word Cards. Create a grid by placing the Word Cards face down on a flat surface. Divide your students into two teams and place them at the other end of the room. One at a time, students run over to the cards, flip two over and try to make a match. If they match, the team wins the card. Continue until all cards have been matched.

These games can be adapted according to the class size, student age and understanding level. They offer a fun and engaging way to reinforce the learning and understanding of SEL concepts.

Aa



Acceptance

It's when we understand and value the differences in others.

Awareness

Knowing what you're feeling or thinking.

Affection

Showing you care about someone.

Apology

Saying sorry when you've done something wrong.

Assertiveness

Standing up for what you think or want in a respectful way.

Bb



Bravery

Doing something even if it scares you.

Belonging

Feeling like you're a part of something.

Behavior

The way you act or react.

Bond

The special connection between people who care about each other.

Balance

Making sure you have time for all the important things.

Cc



Compassion

Understanding someone's feelings and wanting to help.

Cooperation

Working together to get things done.

Confidence

Believing in yourself.

Communication

Sharing your thoughts and feelings with others.

Courtesy

Being polite and showing good manners.

Dd



Diversity

Understanding and appreciating that everyone is unique.

Discipline

Controlling your actions and making good choices.

Disappointment

The feeling when things don't go the way you want.

Dependability

When people know they can trust you to do what you say.

Dignity

Knowing your worth and treating others with respect.

Fee



Empathy

Feeling what someone else is feeling.

Emotion

The way you feel (like happy, sad, angry, etc.)

Encouragement

Helping others to feel confident and keep going.

Equality

Treating everyone the same, no matter who they are.

Excitement

A happy feeling you get when something good is going to happen.

F f



Friendship

A special bond between people who care for and support each other.

Forgiveness

Letting go of anger and hurt feelings when someone has done something wrong.

Fairness

Making sure everyone gets treated equally.

Feelings

What you feel inside, like joy, anger, or sadness.

Fear

A feeling when you're scared.

Gg



Generosity

Sharing what you have with others.

Gratitude

Feeling thankful for what you have.

Growth

Getting better and learning more.

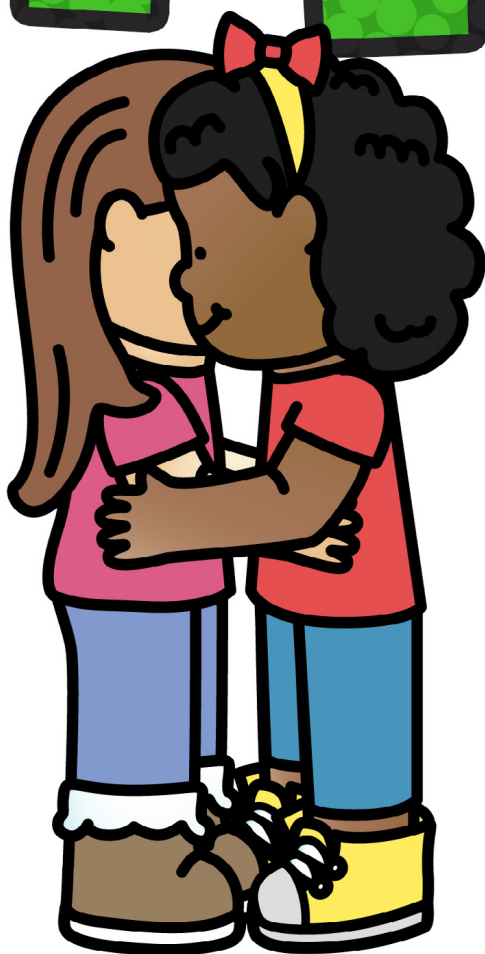
Grief

Feeling really sad, like when you lose something important.

Guidance

Getting help and advice.

Wh



Helpfulness

Doing things that make things easier for others.

Honesty

Always telling the truth.

Happiness

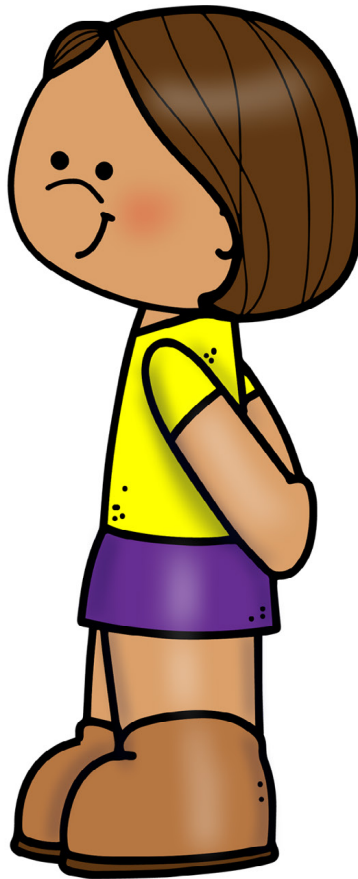
Feeling joy or pleasure.

Hope

Believing that good things will happen.

Humility

Knowing that everyone is important, not just you.



Inclusion

Making sure everyone gets to join in.

Independence

Doing things on your own.

Integrity

Doing the right thing, even when no one is watching.

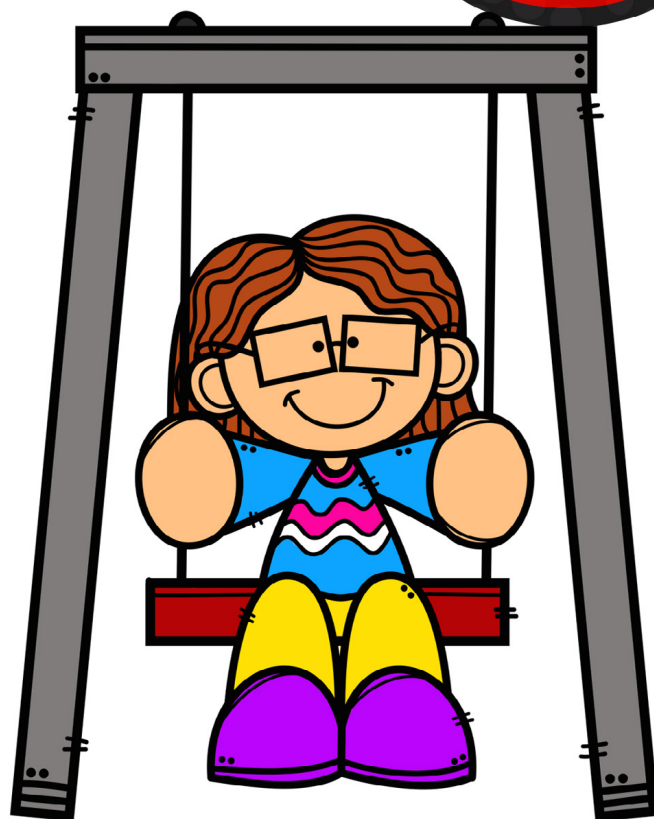
Inspiration

Something that gives you ideas or energy to do something.

Identity

Who you are, including your thoughts, feelings, and experiences.

Jj



Joy

Feeling really happy.

Justice

Making sure things are fair for everyone.

Judgement

Making a decision or forming an opinion.

Journey

The experiences and growth you go through over time.

Jealousy

Feeling upset because someone has something you want.

K K



kindness

Being nice to others.

knowledge

What you know and understand.

kindred

Feeling a connection or closeness with someone.

keepsake

Something you keep to remember a person or time.

kinship

The feeling of being connected to others, like family or friends.

L A



Love

A very strong feeling of caring for someone.

Leadership

Guiding others in a positive way.

Listening

Paying attention to what someone else is saying.

Loyalty

Being faithful and dependable to someone or something.

Laughter

The sound you make when something is funny.

Mm



Mindfulness

Paying attention to what is happening right now.

Motivation

The desire to do something.

Manners

The polite behaviors that we use in social situations.

Mercy

Being forgiving and not punishing someone.

Morality

Understanding right from wrong.

Nn



Nurturing

Helping someone grow or develop.

Neighbors

People who live near you.

Neglect

Not giving care or attention to someone.

Negotiation

Talking things over to come to an agreement.

Nonjudgmental

Accepting others for who they are without forming negative opinions.

oo



Optimism

Believing that good things will happen.

Open-mindedness

Being willing to consider new ideas.

Obedience

Following rules or instructions.

Opportunity

A chance to do something.

Overcoming

Getting past a difficult situation or problem.

P P



Patience

Waiting calmly without getting upset.

Perseverance

Keeping going even when things are hard.

Positivity

Looking at the bright side of things.

Politeness

Showing good manners and respect to others.

Problem-solving

Finding a way to fix a problem.

Qq



Quiet

Not making a lot of noise.

Questions

Asking something to learn more.

Quality

How good something is.

Quibble

A small argument or disagreement.

Quirk

Something unique or different about someone.

Rr



Respect

Treating others the way you want to be treated.

Responsibility

Doing the things you are supposed to do.

Resilience

Bouncing back after something hard happens.

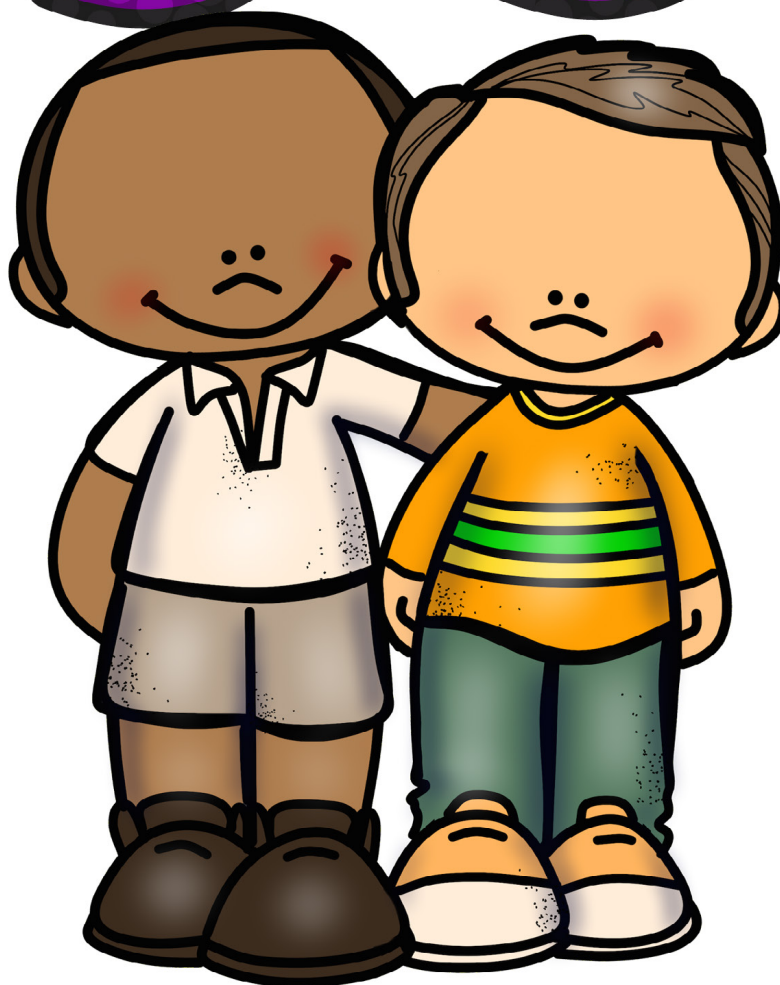
Reflection

Thinking carefully about something.

Relationship

A connection between people.

Ss



Support

Helping someone when they need it.

Sharing

Giving a part of something to someone else.

Self-control

Controlling one's emotions or the expression of them in difficult situations

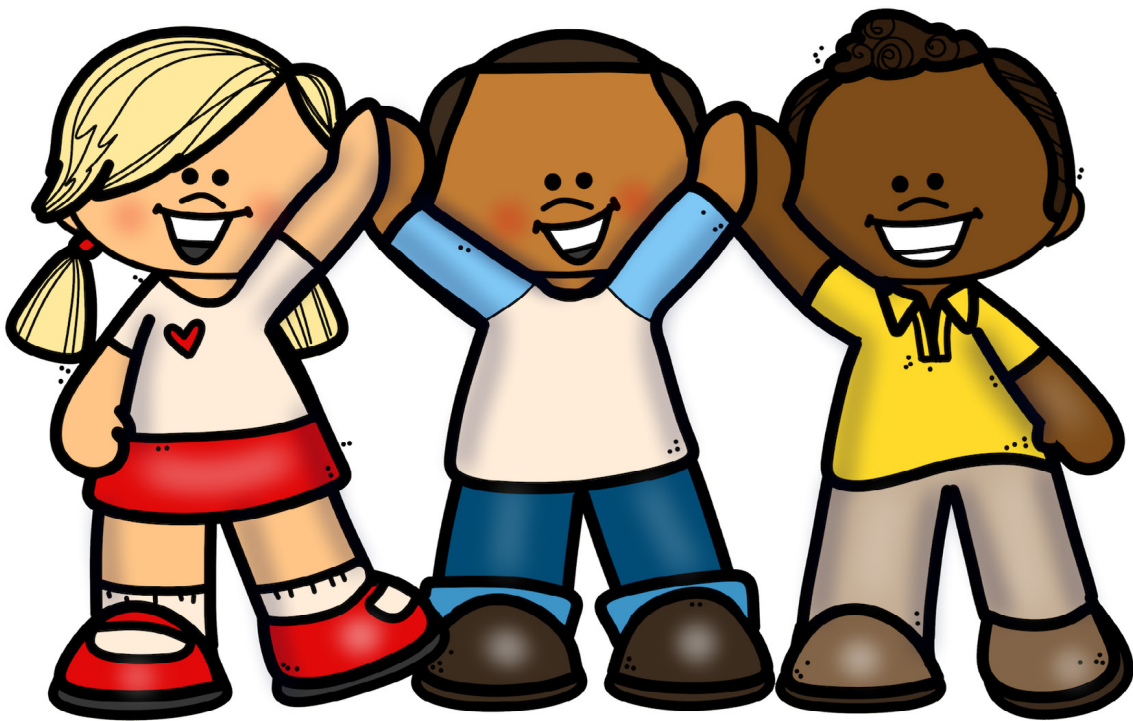
Sympathy

Feeling sorry for someone else's sadness.

Self-esteem

Feeling good about who you are.

T t



Trust

Believing someone will do what they say.

Teamwork

Working together to get something done.

Tolerance

Accepting and respecting differences.

Thoughtfulness

Thinking about the feelings of others.

Truth

Something that is real and not false.

Ww



Understanding

Knowing how someone feels or why something is the way it is.

Unity

Coming together and working as one.

Uniqueness

Being one of a kind.

Uplift

To make someone feel better.

Unselfish

Thinking of others before yourself.

V V



Validation

Accepting someone's feelings as being important and real.

Virtue

A good and moral quality.

Volunteer

Giving your time to help others without getting paid.

Value

The worth or importance of something.

Vision

An idea or plan for what you want to achieve.

www



Wisdom

Having knowledge and good judgment.

Wonder

Feeling amazed or surprised.

Well-being

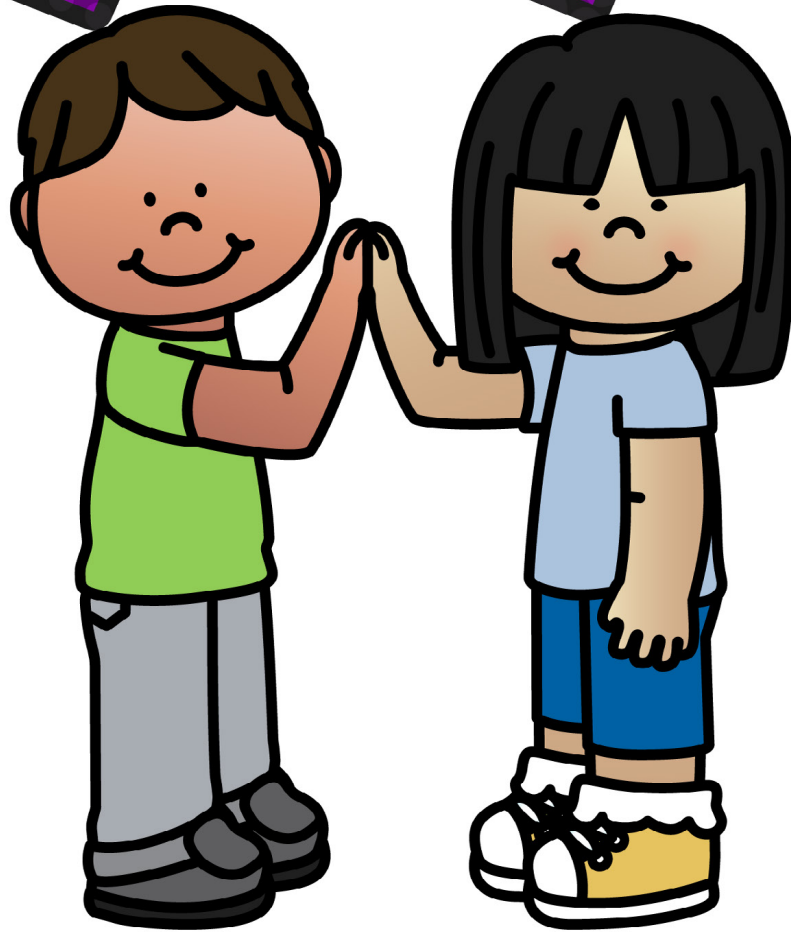
Feeling good and healthy.

Warmth

Being kind and friendly to others.

Willpower

The ability to control your thoughts and behavior.



Xenial

Being friendly to people who come to visit.

Xerox

To copy something, usually to share it with others.

examine

Looking at something closely to understand it better.

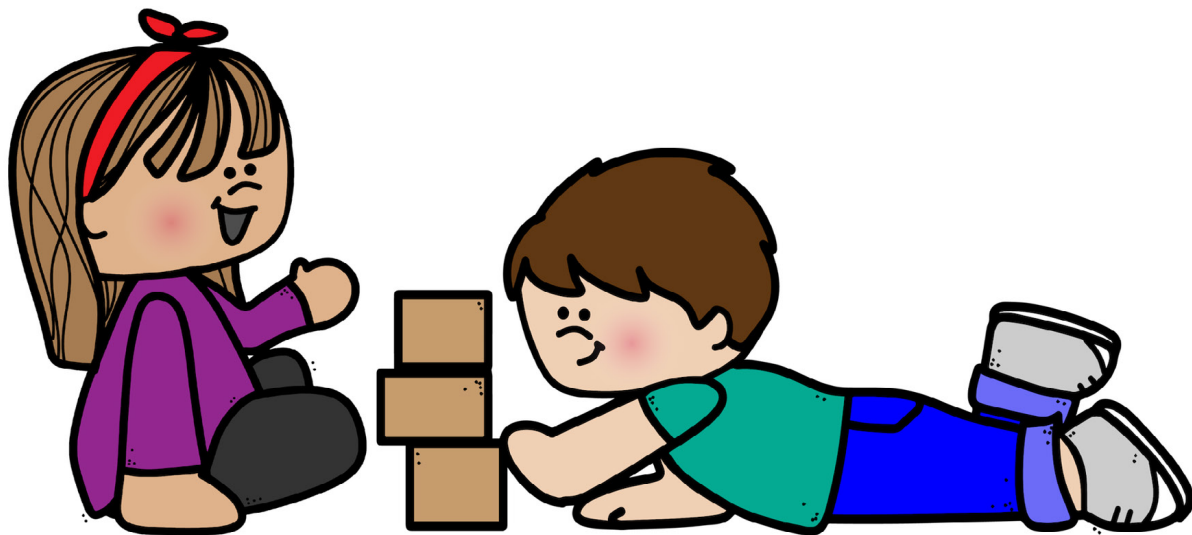
explain

Telling someone about something so they understand.

express

Showing or telling how you feel.

Y y



Yielding

Letting someone else go first.

Yearn

To have a strong desire or wish for something.

Youthful

Being young or feeling young.

Yes

Saying yes means agreeing with or allowing something.

Yoke

To join or bring together, like a team or group.

11



Zeal

Feeling excited and enthusiastic.

Zenith

The highest point or peak, like when you accomplish a big goal.

Zest

Enjoying and taking delight in something.

Zone

A mental state where you're focused and doing well.

Zzz

The sound we use to represent sleep, which is important for health and well-being.